

## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## A selection of the finest teas

### Traditional English Breakfast

A robust and malty black tea, which is a delicious combination of Assam and Ceylon teas

### Earl Grey

High quality Chinese black tea and oil of bergamot. Beautifully scented with bold citrus flavours

### Afternoon Tea

Black tea with a particularly lovely taste with malty undertones. Blended with leaves from Darjeeling and Ceylon

### Lung Ching

Also known as “Dragonwell”, this is one of the most famous Chinese green teas worldwide. Medium body tea combining classic green tea qualities

### White Jasmine and Apricot

Refreshing combination of white and green tea with succulent apricots

### Rooibos Orange and Cactus Fig

A delicious blend packed with papaya, liquorice and orange

### Whole leaf peppermint

Premium peppermint with mildly sweet undertones and a crisp, menthol freshness

### Chamomile Flowers

A golden cup with a creamy and sweet infusion

### Very Berry

A pure fruit tea consisting of a wide selection of juicy berries and dried papaya. Produces a deep red cup

### Lemon & Ginger

A delicate herbal tea with a combination of lemongrass, lemon peel and ginger

## AFTERNOON TEA MENU

WOODLANDS PARK  
HOTEL

### Traditional Afternoon Tea

Black truffle egg mayonnaise  
Smoked salmon and yuzu cream cheese  
Coronation chicken  
English cucumber and sun-dried tomato hummus

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Lincolnshire poacher cheddar cheese and  
gammon tart

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Freshly baked plain and fruit scones  
Homemade strawberry jam and clotted cream

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Chocolate and orange ganache slice  
Victoria sponge  
Red berry cheesecake  
Chocolate éclair

**£35 per person**

### Children's Afternoon Tea

Lincolnshire poacher cheddar cheese  
Honey roast ham  
Chicken and mayonnaise  
Homemade strawberry jam

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Mini scones with homemade jam and clotted cream

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Double chocolate brownie  
Carrot cake  
Clementine drizzle cake  
Chocolate éclair

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Choice of orange, apple, pineapple or cranberry juice

**£17.50 per person**

### Milkshake Afternoon Tea

Indulge in the perfect afternoon tea and add  
your choice of milkshake:  
Chocolate/Strawberry/Banana/Vanilla

**£18.95 per person**

*Hand*PICKED  
HOTELS

### Savoury Afternoon Tea

Black truffle egg mayonnaise  
Smoked salmon and yuzu cream cheese  
Coronation chicken  
English cucumber and sundried tomato hummus

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Prawn cocktail wrap

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Lincolnshire poacher cheddar scones  
Homemade onion chutney and cream cheese

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Woodlands' Cumberland sausage roll with piccalilli  
Mini steak burger with relish  
Smoked mackerel rillettes on sourdough toast  
Lincolnshire poacher cheddar cheese and gammon tart

**£35 per person**

### British Afternoon Tea

Enhance your afternoon tea by enjoying a glass of  
Nyetimber Classic Cuveè (125ml) to your Afternoon Tea

**£43.50 per person**

### Champagne Afternoon Tea

For the height of decadence, add a chilled glass of  
Bruno Paillard Champagne (125ml) to your

Afternoon Tea

**£45.50 per person**

### Cream Tea

Freshly made fruit scones served with homemade jam  
and Cornish clotted cream. Served with your choice of  
freshly brewed tea or coffee

**£12.50 per person**

**This is a sample menu. Prices and dishes correct at time of publishing.**

**A 12.5% service charge will be added to your bill.**

All our food is prepared in a kitchen where nuts, gluten and other  
allergens are present and our menu descriptions do not include all  
ingredients. If more information about allergens is required, please ask a  
member of the team. Prices inclusive of VAT at current rate.

Adults need around 2000 kcal per day.